

Welcome to Our 1st Issue of FSM Scene

Welcome to the first issue of *FSM Scene*!

I chose the word *Scene* because it instantly tells a story. A scene captures whatever is happening in front of us — a moment, an expression, an activity, a celebration. It speaks without needing much explanation. It invites us to pause, appreciate, and remember.

FSM Scene is our space to showcase the life of our organization through photos and short stories. It highlights what our members are doing, the moments worth sharing, and the experiences that bring us together.

This is a place where our general membership can come together through:

- events
- celebrations
- behind-the-scenes moments
- cultural highlights
- member stories
- governance updates
- pictorial recaps

We hope *FSM Scene* becomes a meaningful way to celebrate our community — one moment at a time.

Congratulations Marve! – Your FSM Family Is Proud of You

Marve Castroverde



Inspiring Mother: Honouring Marve Castroverde

Every family has a story, and some stories shine brighter because they are built on sacrifice, resilience, and unconditional love. Marve Castroverde's journey is one of those stories — a testament to the quiet strength of a mother and the active spirit of a community leader.

Like many Filipino immigrants, Marve faced the challenges of building a new life in Canada with courage and determination. Her focus has always been her family's future. Her children and grandchildren remain her greatest pride, raised with the Filipino values she holds close: respect, hard work, and faith.

Marve is celebrated not only within her family but also in the broader community. She embodies the balance of a nurturing matriarch and an engaged, energetic leader — someone who inspires by example and uplifts those around her.

Nominated lovingly by her children and family, Marve's recognition is a tribute to the legacy she continues to build. Her story reminds us that the most powerful scenes in life are often the ones shaped by love, perseverance, and the desire to give more than we receive.



Liham Para sa Ating Mga Seniors

Mahal naming FSM Seniors,

Isang mainit na pagbati po sa inyong lahat. Malugod namin kayong inaanyayahan sa bagong kabanata ng ating samahan — isang pagkakataon para ipagdiwang ang ating mga kwento, hinakit, alaala, at samahan bilang isang pamilya.

Kayo po ang haligi ng ating komunidad. Ang inyong karanasan, talino, at kabutihan ang nagbibigay-inspirasyon sa bawat isa sa atin. Sa kabila ng ating edad, kapansanan, kalungkutan patuloy pa rin ang saya, ang pagkakaibigan, at ang mga simpleng sandaling nagbibigay kulay sa ating araw-araw. **Tunay pong biyaya ang bawat isa sa inyo.**

Sa paglabas ng newsletter na ito, nawa'y madama ninyo ang init ng ating samahan. Sana po ay magdala ito ng ngiti, alaala, at pakiramdam na kayo ay mahalaga at pinahahalagahan. Ang FSM ay tahanan ninyo — isang lugar kung saan kayo ay laging welcome, laging may kasama, at laging may kwentong maibabahagi.

Nawa'y patuloy kayong pagpalain ng kalusugan, kapayapaan, at kasiyahan. Maraming salamat po sa inyong presensya, pagintindi, suporta, at pagmamahal sa ating komunidad. Sama-sama pa rin tayong lilikha ng magagandang alaala.

Nagpapasalamat,

Rene Sevilla
FSM President



Welcome Message from the President

Dear FSM Family,

It is my pleasure to welcome you to the very first issue of **FSM Scene** — a new space where we celebrate our community, our stories, and the moments that bring us together.

As seniors and retirees, we carry with us decades of experience, wisdom, and memories. Yet life continues to offer new chapters, new friendships, and new reasons to smile. **FSM Scene** is our way of capturing those moments — in photos, in stories, and in the shared experiences that define who we are as a community.

This newsletter is not just a publication. It is a reflection of our collective spirit. It showcases the events we enjoy, the people we admire, the culture we cherish, and the milestones that remind us how rich and meaningful our lives continue to be.

In this inaugural issue, we proudly feature Marve Castroverde, an inspiring mother and community leader whose story reflects the strength, resilience, and love that so many of our members embody. Her journey reminds us that every scene in life — big or small — has value and deserves to be remembered.

I hope **FSM Scene** becomes a source of joy, connection, and pride for all of us. May it encourage us to stay active, stay engaged, and continue building a community where every member feels seen, valued, and celebrated.

Thank you for being part of our FSM family. Let us continue creating beautiful scenes together.

Warm regards everyone,

Rene Sevilla
FSM President





Happy birthday to our March celebrants



EYE ON IT

FSM's community outreach program:

Friday Night Spring Dance

April 24, 2026
6:30 PM – 11:30 PM



L C Taylor Auditorium
1275 Mississauga
ValleyCommunity Centre

Good to Know

Formalizing a Nonprofit Organization

When formalizing a nonprofit organization, you have **two choices**:

1. Register Federally

You register with **Corporations Canada** (the federal office).

Your organization becomes a federal nonprofit corporation.

You are governed by the Canada Not-for-profit Corporations Act (CNCA).

2. Register Provincially

You register with the province, such as Ontario.

Your organization becomes an Ontario nonprofit corporation. Handled by the provincial corporate registry (e.g., **Ontario Business Registry**)

You are governed by the Ontario Not-for-Profit Corporations Act (ONCA).

★ Important Clarification

You are correct: **CNCA and ONCA are NOT offices. They are NOT places you go to register.** They are laws — the governing rules that apply *after* you register.

CNCA = federal law

ONCA = Ontario provincial

law

They tell you:

how to run meetings
how to elect directors
what records to keep
members' rights
directors' duties
compliance requirements

But the **registration itself** happens at: **Corporations Canada** (federal), or **Ontario Business Registry** (provincial)

source: in collaboration with Copilot





AI: Ano Ba Ito? A Simple Tagalog-English Guide for Seniors

Marami sa atin ang nakakarinig ng **salitang AI (Artificial Intelligence)**, pero hindi natin alam kung ano ba talaga ito. Para bang komplikado, parang pang-bata o pang-techie lang. Pero ang totoo, AI is simply a helpful tool created by people — designed to make life easier.

Hindi ito dapat katakutan. Hindi ito pumapalit sa tao. At hindi ito “robot na may sariling isip.” It is just a smart computer program that follows instructions and gives information when you ask.



What Is AI Made Of? (Ano ang bumubuo sa AI?)

AI is made of three simple things:

1. Data (Impormasyon)

Ito ang mga facts, articles, books, at general knowledge na ginagamit para makasagot.

2. Patterns (Mga nakikitang pattern)

AI learns how words connect, how questions are usually asked, and how answers are usually given.

3. Rules (Mga patakaran)

These are safety rules created by humans so AI stays helpful, respectful, and safe. Walang magic. Walang “sariling buhay.” It is just a tool built by engineers and researchers.



How Does AI Give Answers? (Paano ito nakakasagot?)

Kapag nagtanong ka, AI does three things:

1. It reads your question

Tinitingnan nito ang mga salita at ang ibig sabihin.

2. It searches its knowledge

Hinahanap nito ang pinaka-tamang impormasyon mula sa data na natutunan niya.

3. It forms a clear answer

Pinagsasama nito ang impormasyon para makabuo ng sagot na madaling maintindihan. Para lang itong kausap mong kaibigan na mabilis maghanap ng sagot.



Is AI Reliable? (Mapagkakatiwalaan ba?)

Yes — for **general questions, explanations, and everyday help**, AI is very reliable. Pero tulad ng tao, minsan nagkakamali rin. Kaya:

- gamitin ito bilang guide, hindi bilang final authority
- i-double check ang important information
- huwag gamitin para sa medical diagnosis or legal decisions

Pero sa pang-araw-araw na tanong?

Very helpful, very friendly, and very safe.



Why Seniors Should Not Be Afraid

AI is:

- **non-judgmental** (hindi nanghuhusga)
- **patient** (hindi napapagod)
- **available anytime**
- **easy to talk to**
- **helpful for learning and staying active**

It is simply another tool — like a cellphone, calculator, or microwave — created to make life easier.

cont'd

★ Five Easy, Friendly AI Tools for Seniors

1. Microsoft Copilot

Great for explanations, writing help, and general questions. Very friendly and safe.

2. Google Gemini

Simple to use for everyday questions and information.

3. Apple Siri

Already on your iPhone. Just say "Hey Siri" and ask anything.

4. ChatGPT (Free Version)

Good for conversation-style questions and simple explanations.

5. Alexa (Amazon Echo)

A voice-activated helper at home — perfect for music, reminders, and questions.

These tools are not perfect, but they are reliable, safe, and helpful for everyday use.

🌈 Final Message for Our Seniors

AI is not here to replace people. It is here to assist, to support, and to make life easier.

As seniors, you continue to learn, explore, and adapt. AI is just another friendly companion — ready to help whenever you need it.





From Our Hearts:

Thank You to Our Community Media

As we proudly launch the very first issue of *FSM Scene*, we want to take a moment to express our sincere gratitude to the members of our Filipino community print media.

Over the past months and years, you have graciously shared and posted the materials we forwarded – not only for FSM, but also for other community groups and private celebrations. We understand that space in your publications is limited, yet you have consistently found room for our stories, our events, and most importantly, our members.

Your kindness, professionalism, and support have given FSM valuable public exposure. Our members are always delighted – sometimes even ecstatic – when they see their photos and activities featured in your newspapers. These moments bring joy, pride, and a deeper sense of belonging to our community.

To honor your generosity, we would like to recognize our media friends individually, listed here in **alphabetical order by publication**:

- **Atin Ito** – Marita & Eddie Lee
- **Balita** – Tess Cusipag
- **Filipiniana News** – Bin-Kon-Loo
- **Little Manila Confidential** – Joey Baking
- **The Bulletin** – Carlos Unas
- **The Philippine Reporter** – Hermie & Mila Garcia

FSM is one of the many beneficiaries of your dedication to community storytelling. We deeply appreciate the friendship we've built with you and the trust you've shown in the materials we provide.

From the bottom of our hearts, **maraming salamat po** for the continued exposure, accommodation, and encouragement you give to FSM and the wider Filipino community.

“True friendship weathers every storm when we meet each other with patience, kindness, and a smile. As life grows shorter, we realize it is our friends who remain beside us, steady and faithful, through every step of the journey.”